Parade
SUNDAY, MARCH 26, 2023 | PARADE.COM

PLUS
Kiefer Sutherland, p. 4

"I'm a SURVIVOR"

ROB Lowe

On his enduring "hunk" status, working with his son and being 33 years sober

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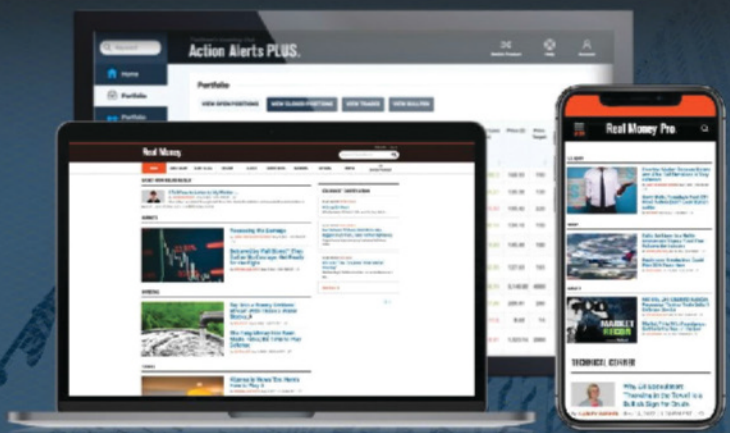

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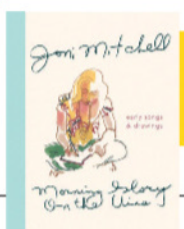
CELEBRATING JONI

It was a big night on March 1, when Joni Mitchell received an all-star tribute in Washington, D.C. The 10-time Grammy Award winner, 79, received the nation's highest award—The Library of Congress Gershwin Prize for Popular Song—for influence, impact and achievement in popular music. She joined the ranks of previous recipients Stevie Wonder, Paul McCartney, Carole King, Willie Nelson, Smokey Robinson, Garth Brooks and Lionel Richie.

Tune in to **PBS on March 31** for the broadcast of the tribute and to see Mitchell sing "Summertime" and be serenaded by James Taylor, Annie Lennox, Cyndi Lauper and others.

Here are some essential facts about the Canadian-born singer-songwriter of songs such as "Big Yellow Taxi" and "Help Me." Go to *Parade.com/joni-mitchell* for more.



Mitchell's artwork can be seen on her album covers and in her book, *Morning Glory on the Vine*. **amazon.com, $23**

Mitchell's picture appeared on a 52-cent Canadian **commemorative postage stamps** honoring Canadian Recording Artists, issued June 29, 2007.

Part of the Laurel Canyon crowd in Southern California, Mitchell was a frequent poker player at a weekly game run by Eagles guitarist Glenn Frey in the 1970s.

Mitchell's first album, *Song to a Seagull*, produced by **David Crosby** (Crosby, Stills, Nash & Young), was dedicated to her 7th-grade English teacher, who Mitchell has said, "taught me to love words."

"Little Green" is a song written about the baby daughter that Mitchell gave up for adoption in 1965. Mitchell and her daughter met in 1997.

Mitchell, who was hospitalized with polio as a child, suffered a brain aneurysm rupture in 2015, at age 72. She had to learn how to walk again.

Mitchell was inducted into the Rock and Roll Hall of Fame in 1997 and received the Order of Canada in 2004.

Graham Nash, David Crosby, Leonard Cohen, and James Taylor are among the fellow musicians with whom she collaborated and became romantically involved.

Despite writing the classic song "Woodstock," Mitchell wasn't able to attend the festival because of a conflicting engagement.

She plays guitar, piano, oboe and autoharp.

John Mayer's "Queen of California" is a reference to Mitchell's *Blue*, which is considered by many to be her greatest album.

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CLOCKWISE FROM TOP LEFT: SCOTT HENRICHSEN/PBS; USPS; DAVID WARNER ELLIS/REDFERNS/GETTY IMAGES; SCOTT HENRICHSEN/PBS; KEVIN MAZUR/WIREIMAGE/GETTY IMAGES

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WALTER SCOTT ASKS...

KIEFER SUTHERLAND

The *24* star, 56, goes down the ***Rabbit Hole*** (March 26 on Paramount+) in the new conspiracy thriller where nothing is what it seems to be. John Weir (Sutherland), a master of deception in the world of corporate espionage, is framed for murder by a shadowy cabal with the power to influence and control populations in this story that keeps the players on their toes with its constant twists and turns.

_24_ and _Rabbit Hole_ are completely different shows, but do you think there's a common thread between Jack Bauer and John Weir in that they both want to save the world? They have it in common but for different reasons and on very different levels. Jack Bauer is a character that literally wanted to serve. He didn't want to save the world. It was a situation that was put into his lap on his watch and he felt a great sense of duty and responsibility to go forward and do what he could to prevent these very big catastrophic situations from happening. John Weir wants to save himself, and only over time does he even begin to understand that by saving himself, there's an opportunity to do a greater good, and he tries to do both. I think John Weir is much more of a rascal than Jack Bauer, which was a lot of fun to play, so he probably doesn't have Jack Bauer's nobility, but he's a lot funnier.

What made you say yes to John Weir and _Rabbit Hole_? It was a combination of things. John [Requa] and Glenn [Ficarra] are two of my favorite writers and their work is extraordinary. I was also really intrigued with the idea of working with two people as a directing unit. I've never had that experience. It's really beautiful.

And this is a thriller that harkens back to amazing films I absolutely admired and loved, like *Three Days of the Condor* and *Marathon Man*. What I found fascinating about this was that even in the context of the storytelling between the four people that are the nucleus of this cast, there are moments when no one can trust anybody. If we don't understand how to harness technology so that that it cannot be manipulated and used in this way, then we're going to create a world where literally the person you're sitting across from...you're not going to really be able to trust anything that they're saying or doing.

This is beautifully juxtaposed against the fact that John Weir is falling in love with a woman who he knows he should not be falling in love with, and he can't help himself, which is so beautifully human. It's those contradictions in the storytelling, and in the context of the character, that I think they do so well, and I wanted to try it.

Rabbit Hole exists in this world where deception and manipulation are the everyday reality. Are there any conspiracy theories in real life that you don't necessarily subscribe to but find fascinating? I've always been amazed with the fact that if the mafia killed Jimmy Hoffa, we'd know by now because those guys can't keep a secret for anything. Prison will show you that. That one I've always found amusing; that everybody thinks it was the mob, but there's no way the five people that had to keep that a secret did.

And, obviously, the Kennedy assassination and this idea that every person who becomes president finds out the truth. That, to me, is as humorous as anything I've seen in a long time. I've seen our presidents and there's no way they could keep that a secret either.

FROM LEFT: KARWAI TANG/WIREIMAGE/GETTY IMAGES; MICHAEL GIBSON/PBS

I think the biggest conspiracy, which is not even a conspiracy, that I find potentially alarming is the algorithms that are created by Netflix, Paramount+ and all of the streaming services that, based on what you watch, start to target what they think you will watch. This idea that artificial intelligence is somehow going to replace the vast variety of interests that I might have, I think that's a potentially very dangerous thing when other humans start to look at the data from AI and think they have an insight into another human being more than they do.

You're an action icon, but it's a dozen or so years since *24* ended. Did you rely more on a stuntman for *Rabbit Hole*? No. I wish I did. They were all like, "Yeah, I heard you do your own stuff. Good, do it," and I was like, "OK." The big difference, which is actually really funny and it's more technical than anything, is that Jack Bauer usually threw the first punch and he usually won the fight. This is very different. I don't win any fights. I lose them all and I don't throw the first punch. The reason why that matters is because normally the person who's getting hit first doesn't see it coming. So, you have to anticipate being hit so you can't embarrassingly flinch. I had to teach myself not to flinch even though I knew I was going to get hit in the back of the head with a skateboard. There's nothing that really trains you how to not flinch, so some of the takes took a little longer than I had hoped.

Has there been any talk about getting Jack Bauer out of China? A lot of talk for 10 years. [Executive producer] Howard Gordon and I are still very good friends, so are [creator] Joel Surnow and I. We talk regularly. It always sounds so much easier over a beer, right? "We should bring it back." Then someone starts to write one episode and they realize they've got 23 more to go just to finish the first season, and they're like, "Yeah, maybe we shouldn't do it right now." So, we always talk about it and I make a joke: "If you want me to be able to walk and run at all, you better do it soon."

You're heading out on the "So Full of Love" tour. What do you love about singing live that maybe you don't get as an actor? Well, I wrote the songs. I didn't write *24*, *The Caine Mutiny* or *Rabbit Hole*. That's me playing a character in an effort to tell a story that was created by somebody else. The songs are little stories, too, but they're mine. I wrote them and they're of a personal nature.

I wrote a song about the loss of my mom called "Saskatchewan," and I can play that song and, invariably in the first three rows, there's always someone that you can find that's lost a parent or someone they're very close to. You can tell the song resonates with them and then, all of a sudden, I've made a connection with someone. You connect enough of those dots and, by the end of the night, whether it's 500 people or 2,000 people, you realize we all have a little more in common with each other than when it started. I started playing music because I love playing and I love the people that I was playing with. That whole audience thing was something I didn't count on and had no reason to know about, but that's the thing that's made me keep doing it.

Do you have a sense of humor about the Jack Bauer jokes? Do you have a favorite? There was one [joke] that I saw on a T-shirt that made me laugh. It said: "If Jack Bauer was stuck in a room with Adolf Hitler, Joseph Stalin and Nina Myers [of *24*'s Counter Terrorist Unit] and he only had two bullets, who would he shoot?" Then on the back it said: "Nina Myers. Twice." I can't say politically I align myself with that, but I thought in the context, the joke was pretty funny.

PICTURELUX/THE HOLLYWOOD ARCHIVE/ALAMY

Your website features a few cooking videos. Who taught you how to cook? Did you have to do that because you were a single dad? Yes, it was completely because I was a single dad, and I didn't want to kill my children. I had seen in the movie *The Accidental Tourist*, where the sister slow-roasted a turkey for 14 hours and they're all scared to get food poisoning. I was like, *I didn't even know you could slow-roast a turkey for 14 hours and potentially kill someone, I better go to cooking school*, and so I did. I guess I hit it at the right age because it was the first thing that I ever did from all those years of schooling where I followed the directions from beginning to the end. I started making food that I really, really enjoyed.

So, I started making these videos because I kept running into people, especially on the road with music and other actor friends of mine, that didn't know how to cook. One woman in particular said the sweetest thing—and she was a really physical actor—she was like, "Yeah, I can beat you three different ways with this broom handle, but I couldn't cook eggs for my kid. Can you show me that?" I was like, "Yeah, OK." I just enjoyed it and made a couple of videos more as a joke, but people seem to enjoy them. P

The Parade Don't Miss List

Here's what's on our radar for the week ahead. Go to *Parade.com/entertainment* for more.

SUCCESSION

(MARCH 26 ON HBO)

The Roy family returns for a fourth and final season, which kicks off with the pending sale of their media conglomerate Waystar Royco to tech visionary Lukas Matsson (Alexander Skarsgård) moving ever closer. Of course, there's the usual power struggle as they ponder the fact that their political weight will be greatly diminished when the company isn't under their control. Adding to the drama: domineering patriarch Logan Roy (**Brian Cox**) plans to cut his kids out of the merged company's future.

"They are wedded to avarice," Cox, 76, says of Kendall (**Jeremy Strong**), Siobhan (**Sarah Snook**), Roman (**Kieran Culkin**) and Connor (**Alan Ruck**). "He knows that they haven't got the stuff to do it, but they'll try anyway. And that is what the show is all about: entitlement."

MURDER MYSTERY 2

(MARCH 31 ON NETFLIX)

Adam Sandler and **Jennifer Aniston** return as Nick and Audrey Spitz, whose struggling private-eye agency finally gets off the ground with a high-stakes case that takes them to the city of their dreams: Paris. But will they be able to solve the kidnapping of a friend from his wedding?

"Shooting in Paris was everything you can imagine," said Aniston, 54. "It's the most magical, beautiful city, and the people are so lovely. I think Adam walked every single street that exists in Paris. We were fortunate enough to shoot at these stunning landmarks that are the stuff of dreams. Spectacular." And Adam Sandler? "He's my brother from another mother," Aniston said. "We always have an incredible time together. It's a fun ride that we can't wait to share with everyone."

YELLOWJACKETS

(MARCH 26 ON SHOWTIME)

Christina Ricci, **Juliette Lewis** and **Melanie Lynskey** return in the second season of this then-and-now drama about a soccer team that was involved in a plane crash and the repercussions of their survival experience. New cast members include Elijah Wood and **Lauren Ambrose**.

DUNGEONS & DRAGONS: HONOR AMONG THIEVES

(MARCH 31 IN THEATERS)

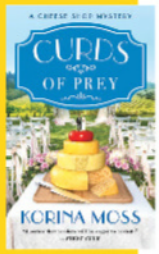
This fast-paced heist romp stars **Chris Pine** (*Star Trek*), **Michelle Rodriguez** (*Fast & Furious*) and Regé-Jean Page (*Bridgerton*).

BOOKS WE LOVE

***ALL THAT IS MINE I CARRY WITH ME* by William Landay (Bantam)**

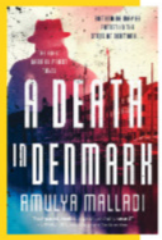
The author of the bestselling *Defending Jacob* is back with a compelling tale of family loss and intrigue. When their mother disappears (and then her remains are found 20 years later), three children must grapple with the possibilities—is their father guilty or innocent of this event that changed all of their lives? **amazon.com, $25**

***CURDS OF PREY* by Korina Moss (St. Martin's Paperbacks, March 28)**



The third in this series of cozy mysteries set in the Curds & Whey cheese shop in Sonoma Valley serves up plenty of cheese boards, small-town drama and death. Can our heroine Willa Bauer follow the trail of cheese curds to the killer? **amazon.com, $9**

***A DEATH IN DENMARK* by Amulya Malladi (William Morrow Paperbacks, March 28)**



Fans of Nordic noir will love this debut introducing Gabriel Præst, an ex-Copenhagen cop who can't seem to stay away from jazz clubs and dangerous situations. He gets beat up more than once as he tries to unravel a mystery that delves into Denmark's Nazi-collaborator past and its precarious present. **amazon.com, $19**

FROM TOP: HBO MAX; LORENZO AGIUS/SHOWTIME; SCOTT YAMANO/NETFLIX; AIDAN MONAGHAN/PARAMOUNT PICTURES

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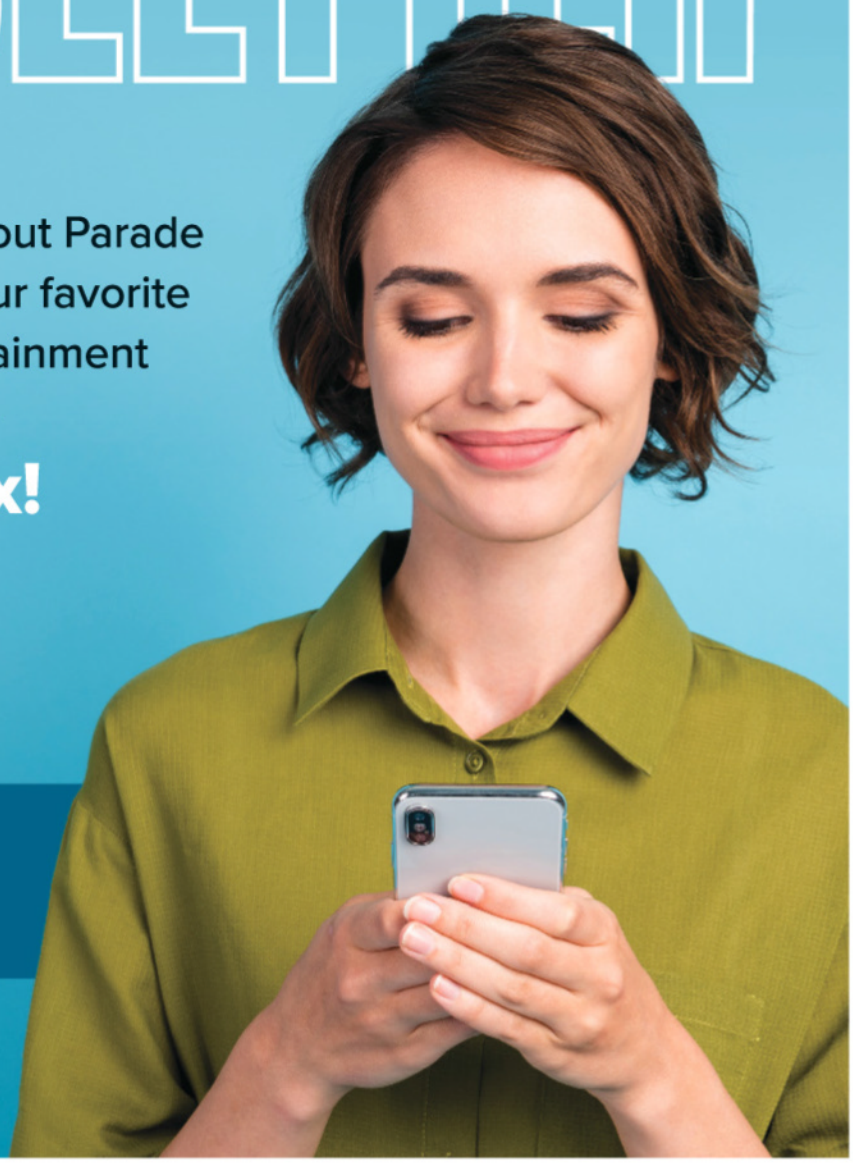
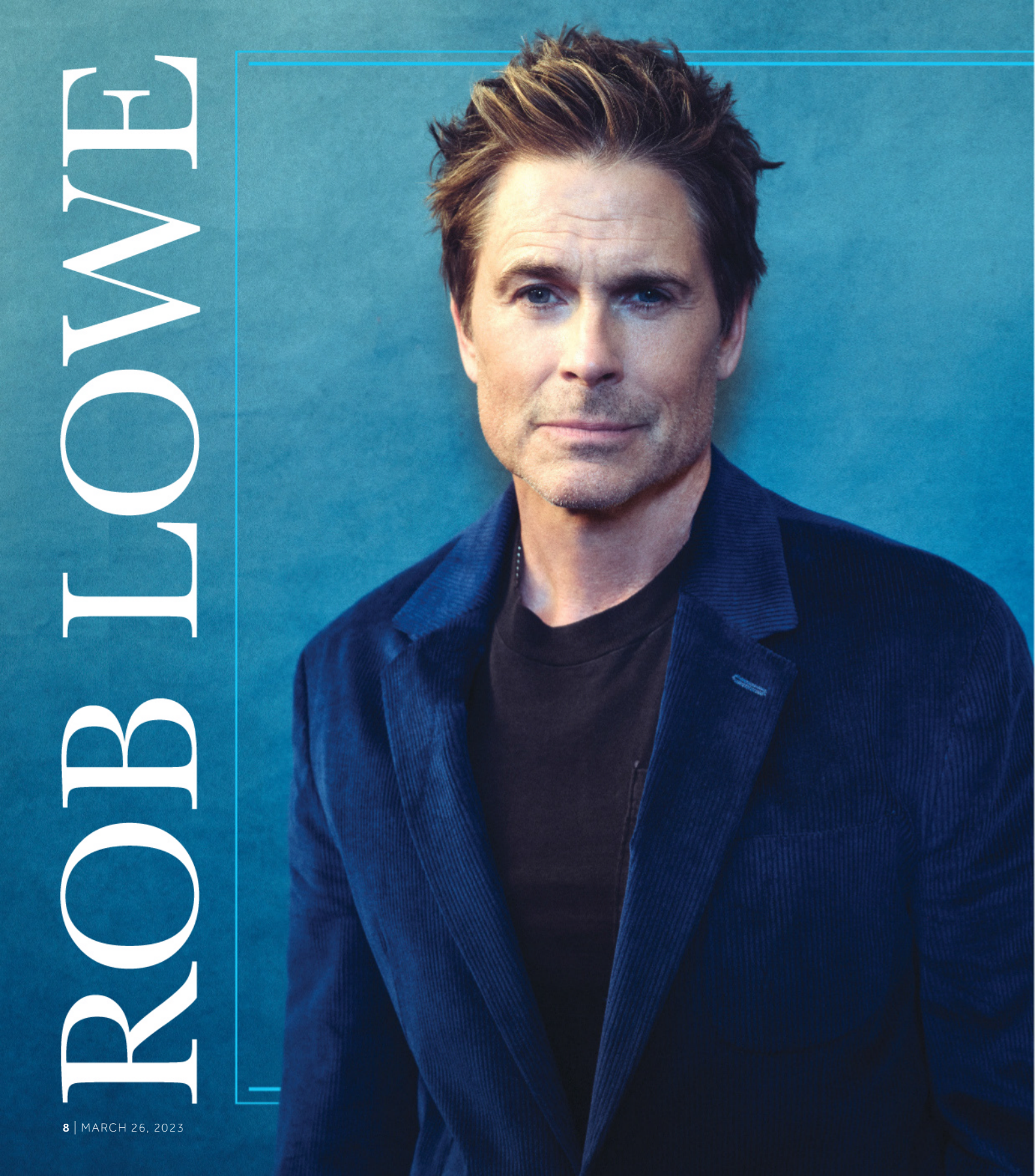


CLICK TO SIGN UP TODAY!

ROB LOWE



NEVER GETS OLD

The *Unstable* actor talks about the joys of working with his son, being 33 years sober and his transition from hunky romantic lead to funny father.

BY MARA REINSTEIN

Flash forward to March 17, 2024. It's a Sunday and two days before the start of spring. It's also the date that Rob Lowe—wait, could this be?!—turns 60.

Now imagine how he feels.

"It's funny," he says. "I remember I couldn't get my head around 40. It was so super-troubling. And I look back on it and think I was a kid. For 50, there was a sense of satisfaction. Like, that's right mother-effers! But 60 does not feel that way. Like, I think I'm going to get through it on the q.t." However, he adds quickly, "I don't think my wife will let me get away with it."

Nor should she. After all, the actor has achieved a life well worth celebrating many times over. How about some white-hot buzz, a chiseled cover-boy visage, movie stardom and pop-culture notoriety? That was Lowe just *in his twenties*. (Oh, the many hearts he melted in the 1985 Gen-X classic *St. Elmo's Fire*.) In the '90s, Lowe emerged from the Brat Pack era as an unlikely comedy player thanks to *Wayne's World, Tommy Boy* and the *Austin Powers* films. And for the past two decades, he's been a go-to TV star with hits ranging from *The West Wing* to *Parks and Recreation* to the current Fox drama *9-1-1: Lone Star*.

Along the way, he settled down. Lowe got sober in 1990. He wed makeup artist Sheryl Berkoff in 1991 after meeting on a blind date and reconnecting years later. The couple are parents to Matthew, 29, and John Owen, 27, and raised them in Santa Barbara, California. "I wanted my kids to grow up outside L.A. where there are teachers and doctors and plumbers and architects," he says. "It's not just centered on entertainment, which I think gives a good perspective."

His new Netflix comedy series, *Unstable*, is certainly the icing on the (birthday) cake. It follows a wildly wealthy, mildly unhinged biotech honcho who convinces his introverted son, Jackson, to go to work for him and help save the company from disaster. Lowe is the eccentric mogul; his son John Owen is the sensible savior. The breezy show (premiering on March 30) was inspired by the pair's social media relationship, as the younger Lowe often publicly pokes fun at his dad.

"John Owen came to me and said, 'There's something to be done with this because people enjoy it so much,'" says Lowe, who created and co-executive produces the show with his son. "We spent months trying to figure out the concept. We didn't want to do a reality show. So, we finally came up with this world and these characters. I like that it's a comedy that makes you forget your troubles. You can just laugh."

Lowe also has a great sense of humor and insight when it comes to his Hollywood odyssey. On a Friday morning in February, he shared all with *Parade*.

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COVER AND FEATURE OPENER BY JONNY MARLOW/NETFLIX

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You and John Owen collaborate on- and off-screen for *Unstable*. What's your professional dynamic like? The father side of me is just so happy and satisfied and I think anyone whose son goes into the family business would understand that. The other side of it is having a partner who sees things almost exactly like I do who I trust implicitly. That's such a gift and a relief. Whether it's a joke or an idea, I know that if John Owen has approved it, I'm going to like it. If he doesn't like it, I'm going to hate it even more than he does.

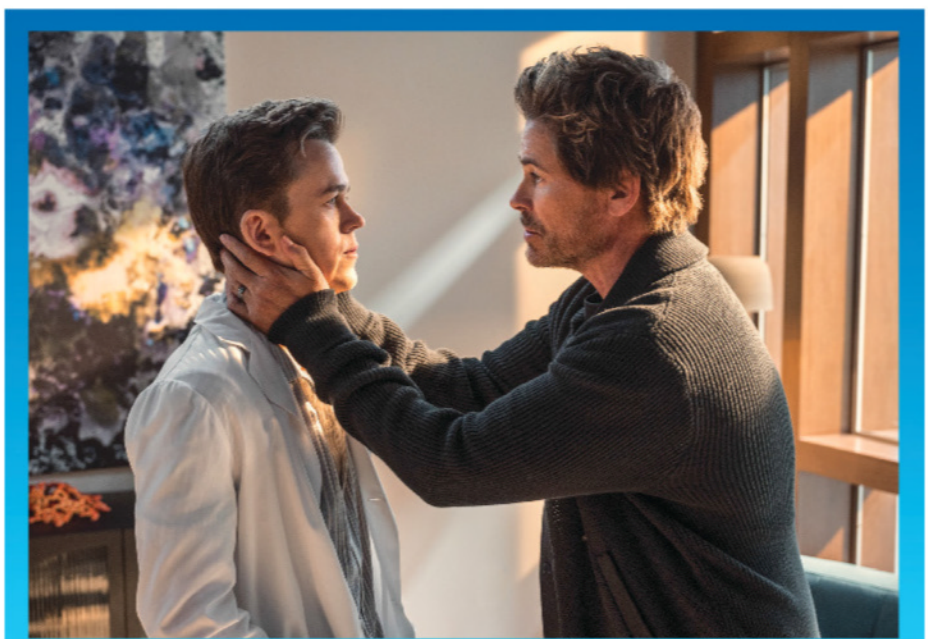
Your character, Ellis Dragon, is blissfully narcissistic. Is that true to life? I'm not playing an exaggerated version of myself, but every element of Ellis is an element of me. He's based on me, and Jackson is based on John Owen. Obviously you want to find your foibles and put them on steroids. And hopefully that's what makes the show funny.

You really do have an amusing self-awareness, even in commercials. When did you decide to embrace the Rob Lowe of it all? I don't know if I would put it that way. I was lucky to know Cary Grant and spend quality time with Paul Newman. I'm a longtime friend of Arnold Schwarzenegger and friendly with Tom Hanks. They all have one thing in common, and that's that they wear it well. You're f—king Tom Hanks, so enjoy being Tom Hanks! All these guys get the joke. And I don't think anybody would describe those people as pretentious. So, I'm emulating the people I admire.

But you were also saddled with the Brat Pack label in the 1980s. Many of your peers never got past it. That's for sure.

How and why did you? You know, I've been sober for almost 33 years. To do that and succeed at it, you have to do a lot of personal assessment. It gives you a perspective. For someone who can't get over the fact that they were in the Brat Pack, it's like, I want to go, "Bro, it's not like you were a POW in Hanoi." How cool is it that we're even still talking about it?! But it's easy for me to say because I've had literally multiple careers post-Brat Pack. If it's the only thing I was known for, maybe I'd feel differently. But I'm not sure.

Growing up in Ohio, did you think you'd have a Hollywood career? It was an absolute certainty. I was blessed with ignorance, and I knew I wanted to be an actor from the time I was eight years old. I was a freak among my friends. When I was 11, I took a portable Panasonic tape recorder and snuck it into the movie theater so I could record *One Flew Over the Cuckoo's Nest* and study Jack Nicholson's performance. It never occurred to me that Dayton, Ohio, wasn't this hotbed for producing famous actors.



In *Unstable*, Lowe plays Ellis Dragon, dad to Jackson Dragon, played by his own son John Owen Lowe.

JOHN P. FLEENOR/NETFLIX

Lowe has been married to Sheryl Berkoff since 1991. They share sons John Owen (27) and Matthew Edward (29).

After your family uprooted to Malibu in the 1970s, you befriended a young Charlie Sheen and Sean Penn. Were you all insanely competitive trying to land roles? Well, none of those guys had any interest in being actors. Charlie wanted to be a baseball player. I was the one pounding the pavement, and I wasn't a second-generation actor. Then they all decided to do it. I'd say it was a beautiful mix of camaraderie and competitiveness. I see that with my son with the younger generation of actors. In the beginning before you're on your own trajectory, it's anybody's ball game. I miss those days.

What's your opinion on the recent "nepo baby" controversy? Do kids of famous actors and actresses have an unfair advantage? I find it to be fake news. People have been going into the family business for as long as I can remember. Should we not enjoy the work of Jeff Bridges because he's Lloyd Bridges' son? What about Michael Douglas? I truly don't understand it.

OK, but don't you deserve a little more kudos because you succeeded on your own? I mean, sure. I like that I didn't even know what an agent was. But LeBron James' son isn't going anywhere unless he can put the ball in the hoop. I didn't have doors open for me, and some of my peers did and certainly John Owen did. But at the end of the day, if you can't deliver, it's over.

Did you enjoy the height of your fame? I'm really glad I was famous during that time because I'd take no joy in it today. There was more freedom. But with the work that goes into being sober, I've come to terms with how uncomfortable it was and how I was unable to process it and how it affected me. Underneath all that fun and adulation and being the "It Guy" for a while, something about it made me super-uncomfortable and I could never put my finger on it. That's why I always have a lot of empathy for the new guy in town.

You were still an It Guy when you infamously sang with Snow White at the 1989 Oscars. How do you feel about that night in 2023? I'm proud to be on the list of Oscar embarrassments. It will be really interesting to see if I'm still in the conversation this year—by the way, I am every year—when people can't figure out how to properly read an envelope with Best Picture on it or when people are beating the sh-- out of each other in front of billions of people. If they're still talking about my songs, we have big problems with the culture. But I love it. I have no regrets.

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JASON LAVERIS/FILMMAGIC/GETTY IMAGES

from page 11

Really? Or do you believe everything happens for a reason? Maybe it's because I'm fortunate enough to be in such a place of gratitude right now in my life, but I think all the good and bad things we do lead us to where we are today. I turned down *Grey's Anatomy* [in 2004] to do a show called *Dr. Vegas*. I laugh about it now, but *Grey's* is still on television! So I wouldn't have been able to do *Parks and Recreation* and *Lone Star*. Though would I have liked the money? Hell, yes!

But doesn't it hurt when a TV show fails to get out of the gate? It can. I did a show called *The Grinder* [on Fox in 2015] that was the best comedy I've been in, period. And I was in *Austin Powers*! But for whatever reason, *The Grinder* didn't catch on with anyone except for smarty-pants comedy-industry people. It made me realize that I'm never going to do a network comedy again. I couldn't have done it any better. That's why I'm doing *Unstable* on Netflix.

Honestly, do you think your looks have held you back in some way? Listen. When I was younger, I was told I couldn't play a policeman. Why not? Because "Policemen don't look like you." And on and on. But it's like that with everybody. If producers and directors are unimaginative, everyone is limited. Oh, you're bald so you can't play a romantic lead. For me, it was, "You're too pretty."

Is that why you initially transitioned to television? Your roles have stretched beyond the hunky romantic lead. I give a lot of that credit to [creator and writer] Aaron Sorkin and *The West Wing*. The Sam Seaborn character was written as a wonderful, sweet, big-hearted, puppy dog intellectual nerd. But he and the producers were like, "He's the best guy to do it." They didn't care what I looked like.

Is that the best work you've ever done? I loved *The West Wing* and *Parks and Recreation*. I'm partial to the character actor department, whether it's *Behind the Candelabra* [in 2013] or Eddie Nero on *Californication* [2007-14]. I love the diversity, and, frankly, those roles are not something I would have guessed I'd be doing back in my "ingenue days."

At this point, what motivates you to keep plugging away at your job? I think it's my Midwestern values. My dad is 80-plus years old and still practicing law. My grandpa worked his whole life. And as actors age, they're able to play different

ROLE

It all began with Lowe playing Sodapop Curtis in *The Outsiders* (1983) at 19. He costarred with fellow Brat Packer **Demi Moore** in both *St. Elmo's Fire* (1985) and *About Last Night* (1986). At 31, Lowe was Emmy-nominated for his role as Sam Seaborn on *The West Wing* (1999-2003). He's had memorable film (*Wayne's World, Tommy Boy*) and TV roles, including Robert McCallister on *Brothers & Sisters* (2006-2010), Eddie Nero in *Californication* (2007-2014), Chris Traeger in *Parks and Recreation* (2010-2015), Dean Sanderson in *The Grinder* (2015-2016) and Owen Strand in *9-1-1: Lone Star* (2020-2023).

THE OUTSIDERS

ST. ELMO'S FIRE

ABOUT LAST NIGHT

WAYNE'S WORLD

CLOCKWISE FROM TOP: SUNSET BOULEVARD/CORBIS VIA GETTY IMAGES; CINEMATIC COLLECTION/ALAMY; MOVIESTORE COLLECTION LTD/ALAMY; ALLSTAR PICTURE LIBRARY LTD/ALAMY

CALL

TOMMY BOY

THE WEST WING

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CALIFORNICATION

PARKS AND RECREATION

THE GRINDER

9-1-1: LONE STAR

kinds of roles. I had a wonderful dinner with Michael Caine a few years ago and I told him how much I envy what he's doing in his career. Like, how do you do it? He said, "Just keep doing what you're doing and you'll end up being 'That Guy.'" He can play things he couldn't when he was Alfie. Bruce Springsteen once said, "When I started out it was all sunrises and hellos; now it's sunsets and goodbyes." There's value in that. That's why I stay.

How do you attribute the fact that John Owen is in your business and Matthew works in finance? Well, I tried to keep both out of the circus and I was only half-successful. Matthew is loving his life in finance and puts together tons of interesting deals and travels the world. I live vicariously. It's great to have yin and yangs as sons. As long as they're following their passions, that's all I care about.

What do you and Sheryl like to do together? Binge-watch TV on the couch? I'm sort of serious when I say that's a big bone of contention. She loves to consume entertainment. I'm in a phase where there's no story turn or plot that I haven't already seen or played myself. It must be executed in a way that's fresh. I am watching *The Last of Us* on HBO. It's done in surprising, deft, smart and unexpected ways. I love *Yellowstone*, too.

Did you watch your old *Outsiders* pal Tom Cruise in *Top Gun: Maverick*? Oh, yeah! That guy still knows how to make movies. I couldn't be a bigger fan. We love each other and had a great phone call recently. All those guys from that era, whenever we see each other, we just giggle and hug and are so happy. It's like running into a college roommate.

Well, you're all survivors in a lot of ways. I know I am. And that's the thing I take the most satisfaction in—I don't get to be here without people being on that journey with me. I see them every day on the streets and on my travels. There are 14-year-olds who have just discovered *The Outsiders* in school and 80-year-olds who remember seeing it in theaters in 1983. It all still blows my mind, and I still can't believe it all happened. P

How much does Rob Lowe love surfing?
Go to ***Parade.com/rob-lowe*** to find out.

CLOCKWISE FROM TOP: CBS VIA GETTY IMAGES; NBCU PHOTO BANK/GETTY IMAGES; JORDIN ALTHAUS/SHOWTIME/ALAMY; COLLEEN HAYES/NBCU PHOTO BANK/GETTY IMAGES; FOX VIA GETTY IMAGES; FOX IMAGE COLLECTION VIA GETTY IMAGES; CRAIG SJODIN/DISNEY VIA GETTY IMAGES

BIG-FLAVOR INDIAN FOOD AT HOME

These two recipes—one a quick snack, the other a succulent braise—bring authentic Indian flavors into your kitchen. They're from the new cookbook ***Indian Flavor Every Day*** by Maya Kaimal.

If Kaimal's name is familiar, she's also the founder of the Maya Kaimal line of Indian simmer sauces, soups, condiments and shelf-stable heat-and-eat meals that are available in many supermarkets. **BY ALISON ASHTON**

CHILI CHEESE TOAST

"This spiced-up cheese toastie is inspired by a massively popular snack in India of the same name that is pure, decadent deliciousness," says Kaimal. Vegan butter and cheese also work well here if you prefer a plant-based version.

Preheat broiler; set the top rack 4-5 inches below heat.

In a medium bowl, combine 2 generous cups grated **white cheddar cheese**; 2-3 tsp finely chopped **serrano or jalapeño chiles**; 3 **green onions** (white and green parts), finely chopped (about ⅓ cup); and a few grinds of **black pepper**. Mix well.

In a small bowl, combine 2 Tbsp **salted butter**, at room temperature, and 1 large clove **garlic**, finely minced (about 2 tsp). Spread half of garlic butter equally over 1 side of each of 4 (4-inch-square) slices **sandwich bread**. Place bread slices on a baking sheet, buttered-side up; broil 2 minutes or until golden.

Remove from oven; set baking sheet on a heatproof surface. Carefully flip bread and spread remaining garlic butter on the other side. Divide cheese mixture equally among buttered slices, gently pressing it into bread. Broil 2 minutes or until cheese is bubbly. Remove from oven, cut each slice diagonally; sprinkle liberally with **red pepper flakes**. Serve immediately. **Serves 4**.

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Go to *Parade.com/indian-beans* for an Indian-style green bean recipe.

CLASSIC PORK VINDALOO

"This Portuguese-Goan favorite is famously full of heat and tang plus umami richness so that everything is in balance and the fire is never out of control," says Kaimal. Gently braising the pork ensures the meat is tender and the flavors are intense.

Trim fat off 2½-3 lb **boneless pork shoulder or butt**. Cut pork into 1½-inch chunks.

In a large nonreactive bowl, combine 8 tsp **ground coriander**, 2 tsp **ground cumin**, ½ tsp **cayenne**, ½ tsp freshly ground **black pepper**, ¼ tsp **ground turmeric**, ⅛ tsp **ground cinnamon**, ⅛ tsp **ground cloves** and ⅓ cup **white vinegar**. Add pork, mixing to coat. Cover and refrigerate at least 4 hours and up to 24 hours.

Partially crush ½ tsp **brown or black mustard seeds** (such as Rani Brand or Morton and Bassett) in a mortar and pestle or electric spice grinder until they appear half brown, half yellow; set aside. In a small bowl, dilute 1 tsp **tamarind paste or concentrate** (such as Neera's) in 2 Tbsp warm water; set aside.

Heat 1 Tbsp **neutral oil** in a Dutch oven or a deep 11- to 12-inch skillet over medium-high. When oil shimmers, add pork pieces, reserving marinade liquid. Cook, stirring every few minutes, 5-8 minutes or until lightly colored on all sides. Transfer pork to a plate.

In the same pan, heat 3 Tbsp neutral oil over medium-high. Sauté 1 **large yellow onion**, thinly sliced (2 generous cups), 7-10 minutes or until deep golden. Add 2 tsp minced garlic, 2 tsp minced **ginger** and 2-3 **green chiles** (such as serrano or jalapeño), split lengthwise, with tops intact. Sauté 1 minute, until fragrant. Add crushed mustard seed; 1 **large tomato**, chopped (1½ cups); 1 tsp fine **sea salt** and diluted tamarind. Continue to sauté 2-3 minutes or until tomato has softened.

Return pork along with reserved marinade to pan and stir well. It may look like it needs water, but the meat will release liquid as it cooks. When the sauce comes to a boil, reduce heat to low. Cover and simmer gently 1 hour, at which point you will start checking it to see if the meat is fully cooked. Don't be surprised if it takes another 30 minutes, or possibly even longer, to become fork-tender.

When pork is completely tender, increase heat to medium. Stir in ½ cup **full-fat canned coconut milk**; gently simmer 15 minutes or until sauce is thick and dark. If it looks dry add a little water. Remove from the heat and transfer to a warmed serving bowl. Garnish with ¼ cup coarsely chopped **cilantro leaves and tender stems**. **Serves 6**.

CAN YOU NAME IT?

This "Famous Houses" edition of our Can You Name It? quiz series takes you on a road trip across America. Answers on p. 18.

1. This privately owned home was the victim of drive-by pizza-tosses after appearing in a scene where a pizza landed on the roof in what popular TV show?

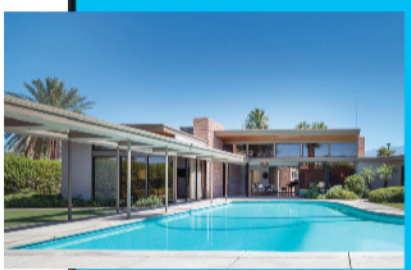
A. *This Is Us*
B. *The Brady Bunch*
C. *Breaking Bad*

2. This house was built by the 13th-richest man in America in 1924. What is the name of the house, which is now a tourist attraction?

A. The Hearst Castle
B. Ca' d'Zan
C. Xanadu

3. Baseball lovers can spend the night in this house featured in which popular film?

A. *Bull Durham*
B. *Field of Dreams*
C. *Major League*



4. Which famous singer threw many a cocktail party at this California estate?

A. Dean Martin
B. Bing Crosby
C. Frank Sinatra

5. This home is famous for its shag carpet and purple drapes. To whom did it belong?

A. Liberace
B. Elvis
C. Prince

6. You can view more than 300 pairs of this famous singer's shoes and boots in this wild mansion.

A. Elvis
B. Cher
C. Prince

7. This baseball legend lived here.

A. Hank Aaron
B. Babe Ruth
C. Jackie Robinson

8. Which children's book author wrote some unforgettable literature in this home?

A. Laura Ingalls Wilder
B. E.B. White
C. Judy Blume

9. A popular movie classic come December, this film's fans flock to see the place where the magic happened.

A. *White Christmas*
B. *A Christmas Story*
C. *National Lampoon's Christmas Vacation*

Go to ***Parade.com/historic-house*** to tour these homes.

FROM TOP LEFT TO RIGHT: STEPHEN R. JOHNSON/ALAMY; THE JOHN AND MABLE RINGLING MUSEUM OF ART - BILL BACHMANN/ALAMY; ALPHA STOCK/ALAMY; DAVID LEFRANC/GAMMA-RAPHO VIA GETTY IMAGES; ZUMA PRESS INC/ALAMY; CARMEN K. SISSON/CLOUDYBRIGHT/ALAMY; DONNA KENBERRY/ART DIRECTORS/ALAMY; A CHRISTMAS STORY HOUSE

Ask Marilyn

BY MARILYN VOS SAVANT

Send questions to
marilyn@parade.com

Numbrix®

Complete 1 to 81 so the numbers follow a horizontal or vertical path—no diagonals.

63				77				3
	65						1	
		71				7		
57								11
		41				19		
	33						17	
35				25				15

For more Numbrix puzzles, go to ***Parade.com/numbrix***.

Food packaging typically shows the number of calories per serving. How is this information determined? And if it's reported by the manufacturer, how can we trust it?

—Al Saikkonen, The Villages, Florida

Nutrition Facts
6 servings per container
Serving size **1 cup (230g)**

Amount per serving
Calories **245**

	% Daily Value*
Total Fat 12g	**14%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Cholesterol 8mg	**3%**
Sodium 210mg	**9%**
Total Carbohydrate 34g	**12%**
Dietary Fiber 7g	**25%**
Total Sugars 5g	
Includes 4g Added Sugars	**8%**
Protein 11g	
Vitamin D 4mcg	20%
Calcium 210mg	16%
Iron 3mg	15%
Potassium 380mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contrary to one common belief, a calorie is not a measure of nutrient density. It's a unit of energy. The calories listed on a food package refer to the amount of energy required to raise the temperature of water by a certain degree. So it's not surprising that the first popular way to measure calories was to place the food in a sealed container surrounded by water and then burn the food to see how much the water temperature rose. That kind of apparatus is called a bomb calorimeter. (By the way, it's called a "bomb" calorimeter because ignition of the food causes a reaction that resembles a mini-explosion.)

Today, many manufacturers use some version of the Atwater method to estimate the information. Named after its developer, Wilbur Atwater, the basic technique averages the calories in food groups by weight: Protein and carbohydrates have about four calories per gram, and fat has nine. (Alcohol has about seven calories per gram.) So if a serving of a food contains five grams of protein, five of carbohydrate and five grams of fat, each serving contains 85 (5x4 plus 5x4 plus 5x9 equals 85) calories. The system isn't perfect, but calorimeter measurements have drawbacks too. It's more complicated than it may seem on the surface. This is why the FDA, which regulates food labels, allows a margin of error of 20 percent.

Also, determining the number of calories for a food label that applies to everyone may be impossible for additional reasons, such as the fact that different bodies metabolize food somewhat differently. Factors such as age, health and lifestyle are involved. In my opinion, the labels are quite useful, but they should be only one factor in deciding what foods to purchase.

CLASSIC ASK MARILYN

THE GIRL-BOY ODDS QUESTION

JUNE 3, 2007

Please settle a question for my fiancé and me. I think that a couple has the same chance of having four boys or four girls as having two of each. He thinks the couple has a greater chance of having two of each. Who is right?

—Dena Jennell, Chicago, Illinois

Find solutions to Marilyn's puzzles and this week's Numbrix on the next page!

ISTOCK

Ask Marilyn
BY MARILYN VOS SAVANT

SOLUTIONS

THE GIRL-BOY ODDS QUESTION

Who is right? The fiancé is correct that the couple planning for four children has a greater chance of having two of each gender. Marilyn explains: The chances are 1 out of 8 that all of the children will be the same sex. But the chances are 3 out of 9 that they will be two boys and two girls. Even so, readers may be surprised to learn that the laws of chance and probability indicate that four children are more likely to be three of one sex and one of another (4 chances out of 8 or 50 percent) than either of the combinations mentioned.

4 BOYS OR 4 GIRLS = 1:8 ODDS
2 BOYS + 2 GIRLS = 3:8 ODDS
3 BOYS + 1 GIRL OR 3 GIRLS + 1 BOY = 4:8 ODDS

Numbrix®

March 26, 2023

63	64	67	68	77	78	5	4	3
62	65	66	69	76	79	6	1	2
61	60	71	70	75	80	7	8	9
58	59	72	73	74	81	50	49	10
57	56	55	54	53	52	51	48	11
38	39	42	43	44	45	46	47	12
37	40	41	28	27	20	19	18	13
36	33	32	29	26	21	22	17	14
35	34	31	30	25	24	23	16	15

CAN YOU NAME IT? FROM P. 16

1. **C. *BREAKING BAD*** The real homeowners at this New Mexico abode (used as the exterior for Walter White's home in the TV show) had to build a fence around it to prevent *Breaking Bad* fans from tossing pizza onto the roof. It was in episode two of season three, called "Caballo sin Nombre," ("A Horse With No Name"), which aired on March 28th, 2010, when an irate White tosses a pepperoni pizza on the roof of his house.

2. **B. *CA' D'ZAN*** The 13th-richest man in America was none other than John Ringling of circus fame. In fact, Ca' d'Zan means "Hour of John" in Venetian dialect. The 36,000-square-foot home, which is open for tours, is part of the Ringling property in Sarasota, Fla. It took two years to build and houses a custom-made 2,000-plus pipe organ and features Moorish, Venetian Gothic and Italian Renaissance influences. ***ringling.org***

3. **B. *FIELD OF DREAMS*** Head to Dyersville, Iowa, to tour or even spend the night in the beautiful *Field of Dreams* house, featured in the 1989 baseball movie starring Kevin Costner. Visitors can run the bases, walk into the corn field, book an overnight stay or just sit on the porch swing and quote famous lines from the movie ("If you build it..."). ***fieldofdreamsmoviesite.com***

4. **C. *FRANK SINATRA*** You can "do it your way" at the Twin Palms Sinatra Estate—playing the grand piano in the singer's living room or jumping into the piano-shaped pool. The famous crooner had the California house built in 1947. Rent starts at $3,000 a night. ***sinatrahouse.com***

5. **B. *ELVIS*** Yes, this is Graceland in Memphis, Tenn., where you can visit Elvis Presley's grave and tour his shag-carpeted home and an 80,000-square-foot exhibition space full of gold records, bejeweled jumpsuits and a pink Cadillac. ***graceland.com***

6. **C. *PRINCE*** At Paisley Park in Chanhassen, Minn., just outside of Minneapolis, you can view hundreds of Prince costumes (such as his ruffled shirt and long purple coat from the 1984 film *Purple Rain*) and check out his footwear collection, including the blue ankle boots with hand-painted white clouds he wore in the "Raspberry Beret" video. ***paisleypark.com***

7. **A. *HANK AARON*** In 1942, "Hammerin'" Hank's father built a small home for his growing family from scrap wood and nails salvaged from his job at the docks. The baseball legend lived there from ages 8 to 17, when he left home to play ball for the Indianapolis Clowns of the Negro American League. The house was moved from its original site in Toulminville, Ala., to the grounds of the Hank Aaron Stadium in downtown Mobile, Ala., in 2008. C***all for hours: 251-572-2327***

8. **A. *LAURA INGALLS WILDER*** The author of the beloved *Little House on the Prairie* books moved to Rocky Ridge in Mansfield, Mo., in 1894 and lived there off and on until her death in 1957. A tour of the Laura Ingalls Wilder Historic Home & Museum shows how personal it was to Ingalls—the rocks for the fireplace came from the property, her pa's fiddle is on view and it's in the little adjacent stone cottage that she penned her first four *Little House* books. ***lauraingallswilderhome.com***

9. **B. *A CHRISTMAS STORY*** If you've dreamed of picking up Ralphie's Red Ryder BB gun and pretending to shoot your eye out, plan a visit to the A Christmas Story House & Museum in Cleveland, Ohio. Don't miss the famous leg lamp! ***achristmasstoryhouse.com***

POP Kitchen
FROM PARADE

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